

# Joyrides #4

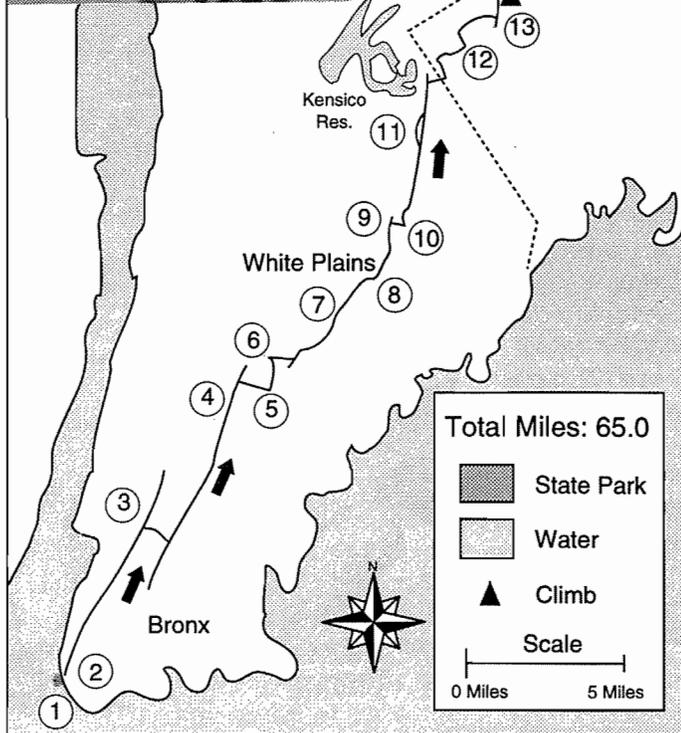
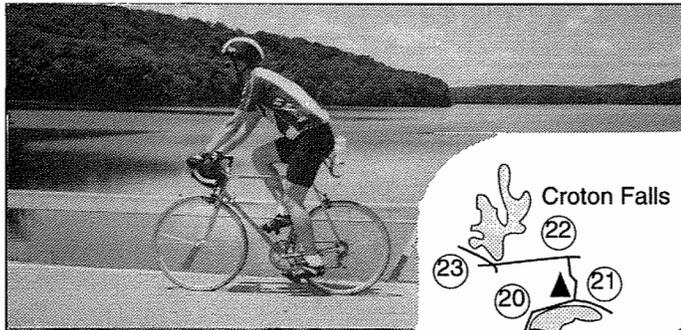
## Westchester Hills and Lakes

No one-day ride has everything, but this one comes close. In 65 miles from Central Park to the Westchester-Putnam line, it traverses an astonishing array of urban, suburban and rural landscapes.

The route skirts four big reservoirs in NYC's water system, each more beautiful than the last. It's hilly, with at least a half-

dozen challenging climbs. The train return (Metro-North pass required) is well-earned.

We're leading this ride on Sunday, Sept. 19. Pace will be New York Cycle Club B/B+ (16-17 mph on flats). Lunch in Bedford, but bring pocket food too. We'll leave from the boathouse (Central Park, north of 72nd St.) at 8 am.



- 1 Leave the **Boathouse** in Central Park, ride to the 102nd St. Exit, making a left on **Madison Ave.**
- 2 Follow **Madison** to the end, cross the bridge and turn left onto the **Grand Concourse.**
- 3 Right on **Bedford Park Blvd.** (200th St.) and a left at the bottom of the hill onto **Webster Ave.**
- 4 **Webster Ave.** becomes **Bronx River Road**, which becomes **Midland.** Cross the parkway and continue straight. At the top of the hill, make a right on **Highland.**
- 5 At the T, left on **California.**
- 6 Right at the light on **Mill.** Continue over the parkway.
- 7 Make a left at the light on **Wilmot**, continue left on **Wilmot** at the stop sign.
- 8 Bear right at the fork after Stratton and continue to White Plains.
- 9 In White Plains, make a right on **Main St.** and follow to the end.
- 10 Left on **North Broadway**, and at the second light bear right on **Lake St.** Cross over 287, and continue past Silver Lake.
- 11 Fork left onto **Old Lake St.**, which rejoins **Lake St.** and crosses over 684. Make a right on **Bedford Rd.**, then a left at the T and curve right onto **Locust.** Continue Left on **Bedford** again. You're in Connecticut.
- 12 Turn right on **John St.** and continue on hills past Riverville.
- 13 Make a left at the T on **Round Hill Rd.** Keep going, bearing right.
- 14 At the big T, make a left onto the **Bedford-Banksville Rd.** Follow to the end.
- 15 Turn right on **Rt. 22** and continue into Bedford Village. Stop for lunch at the deli on the square.
- 16 As you leave Bedford, turn hard right onto **Rt. 121** (Old Post Road). Continue on **121** and cross the Cross River Reservoir.
- 17 Turn right onto **Rt 35.** Climb the hill and turn left on **Rt. 121.** Cross Rt 138.
- 18 Angle left at your second left, **Bogtown Rd.** Climb and descend. Quick stop at the Titicus Reservoir.
- 19 **Mills Rd.** becomes **Titicus River Road.**
- 20 Make first two rights after the reservoir. Continue along reservoir on **Titicus Rd** (Rt 116).
- 21 Left on **Delancy**, keep climbing to end. Left on **Hardscrabble Rd.**
- 22 Cross 684, continue to **Rt. 22.**
- 23 Continue to Croton Falls train station. Or, ride further through town, through signal, right on first dirt road past junkyard, to Croton Falls Dam.

— Charlie Komanoff and Mark Masuelli