

# JOYRIDE

BY STEVE COLON

## Tallman Mountain State Park

Bring your bike, baiting suit and lunch and you're all set for a day at the park. Don't forget what mom said, wait 45 minutes after eating before going in the pool!

**Starts** at Entrance to George Washington Bridge, 178th Street and Cabrini Avenue, Manhattan

**Left** up George Washington bridge ramp and cross Bridge.

**Left** on Hudson Terrace and proceed to STOP sign, **continue** through intersection.

**Left** on Main Street halfway down the hill.

**Left** on River Road, enter park.

**Continue** on River Road for 1 mile, **bear left** through the circle, **continue** on River Road for 1.4 miles.

**Bear left and continue** on River Road, go up hill.

**Continue** down hill on River Road for 4.3 miles.

**Bear left** on River Road and go up hill for 1 mile.

**Right** at Palisades Interstate Park Commission Police Headquarters (bathrooms, water fountain).

**Right** on River Road, it turns into Palisades Interstate Park Drive.

**Left** at Fork on Palisades Interstate Park Drive, follow signs for 9W.

**Left** at STOP sign on Palisades Interstate Park Drive.

**Right** at light on 9W North, continue for 4.5 miles.

**Right** into The Oasis' parking area (rest stop).

**Right** on 9W North.

**Right** on Hudson River Greenway Path, continue 1.5 miles.

**Left** at post gate on the Bike route (you are in Tallman State Park).

**Left** at fork continue for a very short distance and make a right at the sign on Park Drive (go toward the Swimming

Pool/North Picnic Area).

Enter traffic circle and **bear left**. Turn **right** at Do Not Enter sign.

**Right** into Picnic Area (Good place for lunch).

**Right** at Picnic area exit and follow path for .5 mile to traffic circle at Park Drive.

Go around the circle, down the hill and through the post gate.

**Left** on Ferdon Ave.

**Left** on Valentine Ave. at STOP sign .

**Right** on 9W at STOP sign.

**Continue** on 9W - Skunk Hollow for 9.5 miles.

**Right** on Palisade Ave.

**Right** on Hudson Terrace.

**Left** onto sidewalk, continue on GWB bike path across the Bridge.

**Right** on Cabrini Blvd.