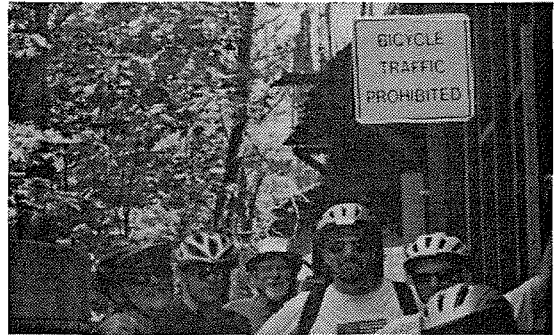


JOYRIDE #20

BY DANNY LIEBERMAN

The 30 mile River Route to Riverdale

It includes long stretches of park on the West side of Manhattan, one of the most scenic bridges in town, and some fine countryside in the Bronx.



Start and End at the Plaza Hotel, 5th Ave & 59th St.

Take the Central Park loop road (East Drive) up to the North end L - Central Park North, becomes Cathedral Parkway - take this all the way West.

R - Riverside Dr, drop down the hill on the right adjacent to Grant's Tomb. You're now on 12th Ave, under the Riverside viaduct. Take 12th Ave until it ends, then take the Marginal St on the left, continuing North along the edge of the North River plant.

L - into the park at the end of the plant. Follow the park path. Turn right at the stone gates. Continue past the end of the park, take the next Marginal St to Ft Washington Park, take that path past the tennis courts (on right) and the little red lighthouse (on left). At the North end the path becomes very steep, but follow the loop up to the parkway, and take the sidewalk along the northbound Parkway to the wooden stairs.

Cross - wooden stairs and walk one block south to Plaza Lafayette - W 181st St

L - West 181st St - couple blocks

L - Cabrini Blvd - take this street until it ends at the traffic circle by Fort Tryon Park

R - Margaret Corbin Drive - road thru Fort Tryon, use right side, take as far as the Cloisters Museum. You're now at the top of a steep hill and need to get to the bottom. On your right will be a path down, start by going to the left. Ride slowly, and exit at corner of Payson Ave and Riverside Dr.

L - Riverside Dr - 3 blocks

R - Staff St - 1 block

L - Dyckman St

R - enter Inwood Hill Park, follow the path as far as the

metal stairs Cross - metal stairs over Amtrak tracks, continue on the path north R - take the second right off the main path, it's a very steep climb up, best to walk up this hill to the parkway. You'll be at the Henry Hudson Bridge toll plaza. The bridge sidewalk is right there, just go across and admire the view. L - exit the sidewalk onto HHP West

L - take a sharp left turn onto Kappock St, pass under the parkway

L - immediately turn around, and follow Kappock St the other way as it goes into HHP East. Stay on Henry Hudson East until W 246th St

R - W 246th

L - Fieldston Rd

L - W 259th St

L - Riverdale Ave, the strip mall here is a good place to stop for provisions,

R - W 254th St

L - Independence Ave

L - W 249th St, by the entrance to Wave Hill

R - Henry Hudson West Service Rd

R - W 246th St

L - Palisade Ave, follow the loop around Spuyten Duyvil and under the HH Bridge

Ahead - Johnson Ave, bear to the right, downhill

R - W 230th St

R - Broadway, cross Broadway bridge back to Manhattan

L - W 181st St

R - St Nicholas Ave, use bike lane below W 168th St

R - Powell Blvd, follow bike lane back to Central Park

R - West Drive back to the Plaza