

THE PEOPLE'S PARKWAY

by Clarence Eckerson Jr., Hal Ruzal & Robert Eberwein

One of the annual rites of Spring is the closing of a seven-mile stretch of the Bronx River Parkway to cars, but as T.A. members know you don't need one to get there. Here's a simple route which takes you through the heart of The Bronx to get you there fast with a minimum of traffic. Procure a posse of people and pedal up, we guarantee you'll have fun.

The Parkway is closed from 10am to 2pm on the following Sundays: May 2, 9, 16 & 23 and June 6, 13, 20 & 27 as well as five other times during the Fall. For more info call (914) 242-PARK.

START: Central Park North (110th Street) & Adam Clayton Powell Boulevard.

0.0 Go North on the ACP Blvd. bike lane.

0.5 L [Left] on West 117th then immediate R [Right] on St. Nicholas Avenue Bike Lane

2.8 R on West 160th Street

2.9 L on Edgecomb

3.5 Bear R and merge with Amsterdam.

4.1 R on Laurel Hill Terrace. Look for entrance on right to cross over the Washington Bridge.

4.6 L on University

6.8 L on Reservoir Ave

7.1 Veer R on Sedgwick Ave

8.0 R on West Moshulu Parkway South.

9.4 L on Webster Avenue. This will eventually turn into Bronx River Road and then Midland Ave.

14.7 Cross bridge (R over Parkway) and make immediate L on to unnamed road.

15.0 L on Paxton. When you reach the stoplight (15.3), take the park path opposite (next to the H-sign for Lawrence Hospital- marked on the map at right) This will parallel the Parkway winding in and out of parklands - at one point crossing over a wooden bridge. At all times ride north and keep the Parkway on your left.

16.3 Welcome to the Bronx River Parkway. Ride a 14-mile loop.

30.0 At this point you have a choice: You can reverse the route back to Central Park by merely substituting a R on East Moshulu Parkway North (instead of West Moshulu South) and ignoring the 117th Street turn for a round trip of about 47 miles. Or, for those weary travelers who've had enough, you can hop on Metro North at a myriad of nearby stations including Bronxville or Mount Vernon West. Just don't forget your Bike Pass (available at Grand Central Window #27 for a \$5 fee.)

Do this ride with friendly T.A. folks! Meet Sunday, May 23rd, 10am at the Harlem Meer (110th & Lenox Avenue) in Central Park. Moderate pace. Lunch break after riding Parkway. Heavy rain cancels.

Or, join T.A.'s Bronx Chapter for a June 13 ride that includes a dip at Orchard Beach. Meets 9am at the Metro-North Bronx Botanical Garden Parking Lot. 40 mi.

